

Rad medicinske sestre na terenu u vreme pandemije

The Work of Visiting-nurse Service during the Pandemic

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Apstrakt

Cilj: Sprečavanje širenja infekcije izazvane koronavirusom prilikom posete i sprovođenja sestriinske intervencije.

Specifični ciljevi: Unaprediti znanje i veštine zdravstvenih radnika. Obezbediti dostupnost preventivnih oblika edukacije stanovništva u borbi protiv koronavirusa prilikom kućne posete. Obezbediti da se preventivne mere uvedu u redovnu praksu, kao sastavni deo usluga zdravstvene zaštite, uz poseban osvrt na rizičnu populaciju. Unaprediti saradnju u okviru lokalne samouprave radi razmena informacija i uzajamne podrške u borbi protiv koronavirusa.

Postupak: U toku rada medicinska sestra tehničar ne sme da namešta i pomera masku, dodiruje oči, nos i usta rukavicama. Rukavice se ne dezinfikuju, nego se menjaju nakon korišćenja. Svaka nova poseta zahteva menjanje lične zaštitne opreme, kao mere suzbijanja i prevencije koronavirusa. Obavezno je i nošenje dezinfekcionog sredstva (jedno je u patronažnoj torbi, a drugo u kolima). Kada završi posetu, medicinska sestra odlaže sve u žutu kesu za infektivni otpad koja je u autu (jednu nosi sa sobom zbog ubacivanja otpada od previjanja pupka) i počinje da se presvlači. Osim vizira koji se dezinfikuju, sve ostalo se odlaže u žutu kesu. Rukavice se skidaju zadnje, a ruke dezinfikuju.

Zaključak: Zaposleni moraju biti bez simptoma koji ukazuju na infekciju virusom kovid-19. U slučaju pojave bilo kog simptoma u vezi sa infekcijom virusa kovid-19, javlja se nadležnom lekaru u kovid ambulatu, radi eventualnog dijagnostifikovanja i lečenja.

Abstract

Aims: Preventing the spread of the infection caused by the coronavirus during the visit and the conducting of the nursing intervention.

Specific aims: To improve the knowledge and skills of healthcare workers. Ensure the availability of preventive forms of education for the population in the fight against the coronavirus during home visits. Ensure that preventive measures are introduced into regular practice as an integral part of health care services, with a special focus on the population at risk. Improving cooperation within local self-government for the purpose of information exchange and mutual support in the fight against the coronavirus.

Procedure: During work, the nurse technician must not adjust and move the mask, or touch the eyes, nose, and mouth with gloves. Gloves are not disinfected but changed after use. Each new visit requires a change of personal protective equipment, as a measure to combat and prevent the coronavirus. It is also mandatory to carry a disinfectant (one is in the nurse bag and the other in the car). When she finishes the visit, the nurse puts everything in the yellow bag for infectious waste that is in the car (she carries one with her for inserting the waste from the umbilical cord care) and starts changing. Except for the visor, which is disinfected, everything else is placed in a yellow bag. Gloves are removed at the end, and hands are disinfected.

Conclusion: Employees must be free of symptoms that indicate infection with the COVID-19 virus. In the event of the appearance of any symptom related to the infection of the COVID-19 virus, contact the competent doctor at the COVID clinic for possible diagnosis and treatment.