



## Reč urednika

### Editor's note



Poštovane kolegice i kolege, uvaženi saradnici,  
dragi prijatelji,

Pred Vama je trinaesti po redu broj časopisa „Medicinska reč“ koji već četvrtu godinu kontinuirano promovise vrednosti koje čine obrazovanje u medicinskoj struci dragocenim. Ovoga puta časopis predstavlja zbornik stručnih saopštenja akreditovanih predavača na tradicionalnom kongresu NAUZRS koji se održava u Vrnjačkoj banji, a koji je poseban iz razloga što je akreditovan isključivo za medicinske sestre i zdravstvene tehničare. To ukazuje na izuzetan značaj stručne edukacije medicinskih sestara koje u sklopu svog humanog poziva moraju stalno da unapređuju svoje znanje i veštine, kako bi u koordinaciji sa lekari-  
ma i ostalim kolegama, kroz timski rad i međusobno razumevanje dale svoj najbolji rezultat u radu.

Tokom pet dana kongresa biće obrađene raznolike teme, kao što su rad medicinskih sestara i tehničara na nivou primarne, sekundarne i tercijarne zdravstvene zaštite, vođenje i primena medicinske dokumentacije, raspolaganje resursima i ulogama zdravstvenog sistema, a ono što je posebno upečatljivo čitaocima ovog izdanja časopisa svakako jeste veliki broj radova predavača različitih sekcija i društava koje se odnose na tzv. „burn-out“ sindrom zdravstvenih radnika. Značajan uticaj na psihičko zdravlje zaposlenih u zdravstvu u poslednjih nekoliko godina imali su izmenjeni uslovi rada zbog epidemije korona virusom, kao i dodatni stres na radu, koji se prema istraživanjima javio u više od dve trećine zaposlenih u zdravstvenim ustanovama. Zato i ne čudi sagledavanje ovog sindroma sa različitih aspekata, a sve u cilju pravovremenog prepoznavanja problema, utvrđivanja programa pre-

Respected colleagues and associates,  
dear friends,

There is the thirteenth issue of the journal “Medical Word” in front of you, which for the fourth year has been continuously promoting the values that make education in the medical profession appreciated. This time, the journal presents a collection of expert announcements by accredited lecturers at the traditional National Association of the Health Workers in Serbia congress held in Vrnjačka Banja, which is special because it is accredited exclusively for nurses and healthcare technicians. This indicates the exceptional importance of the professional education of nurses who, as part of their humane vocation, must constantly improve their knowledge and skills, to give the best results in their work in coordination with doctors and other colleagues, through teamwork and mutual understanding.

During the five days of the congress, various topics will be covered, such as the work of nurses and technicians at the level of primary, secondary, and tertiary healthcare, management and application of medical records, use of resources, and roles of the health system, and what is particularly impressive to the readers of this edition of the journal there is certainly a large number of papers by lecturers of different sections and societies that refer to the so-called “burn-out” syndrome of healthcare workers. Changes in working conditions due to the coronavirus epidemic, as well as additional stress at work, which, according to research, occurred in more than two-thirds of employees in healthcare institutions, had a significant impact on the mental health of healthcare employees in the last few years. That is why it is not surprising to look at this syndrome from different points of view, all with

vencije i mera osnaživanja zdravstvenih radnika. Svaki rad pojedinačno pruža priliku za diskusiju, promišljanje i razmenu ideja i iskustava.

Posebnu zahvalnost upućujemo akademiku, profesoru emeritusu dr Beli Balintu koji je, verujući u naš entuzijazam i motive, uz ogromnu stručnu podršku i nesebičnu pomoć, učestvovao u stvaranju i afirmaciji „Medicinske reči“ i ovog puta se odazvao pozivu organizatora da učestvuje na kongresu kao plenarni predavač.

the aim of timely recognition of the problem, and determination of prevention programs and measures to empower health workers. Each paper individually provides an opportunity for discussion, reflection, and exchange of ideas and experiences.

We express our special thanks to the academician, professor emeritus Dr. Bela Balint, who, believing in our enthusiasm and motives, with enormous professional support and selfless help, participated in the creation and affirmation of the “Medical Word” and this time responded to the organizer’s invitation to participate in the congress as a plenary lecturer.



Glavni i odgovorni urednik  
Prim dr sci. med. Ana Antić,  
profesor strukovnih studija

Editor-in-Chief  
Prim. Ana Antić, MD, PhD,  
Professor of vocational studies