



Patronažna sestra – prijatelj cele porodice

A Visiting Nurse - Friend of the Whole Family

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Apstrakt

Uvod: Patronažna služba jedna je od osnovnih službi Doma zdravlja, ustanove koja obavlja zdravstvenu delatnost na primarnom nivou zdravstvene zaštite u Republici Srbiji. Usluge polivalentne patronažne službe propisane su Pravilnikom o nomenklaturi zdravstvenih usluga na primarnom nivou zdravstvene zaštite. Pravilnikom sadržaju i obimu prava na zdravstvenu zaštitu iz obaveznog zdravstvenog osiguranja, koji se usvaja svake godine, definisane su populacione grupe kod kojih se očekuje realizacija usluga ove službe.

Polivalentna patronažna sestra je jedini zdravstveni radnik koji ima mogućnost da sagleda porodicu u celini, a posebno zdravu, koja se u najvećem broju slučajeva, veoma lako zapostavi.

Cilj rada: Ukazati na značaj patronažne sestre da prilikom posete sagleda porodicu kao celinu, uoči promene u porodici, proceni potrebe i postavi ciljeve, pripremi i realizuje plan aktivnosti i evaluiira postignute rezultate.

Metod rada: Informacije prikupljene iz medicinske literature.

Rezultati rada: Rad patronažne sestre najviše je usmeren na porodicu kroz kućne posete. Izbor metode patronažne sestre zasniva se na identifikovanim zdravstvenim problemima, potrebama i interesima porodice, vodeći računa o uzrastu, polu, obrazovanju, socijalnom statusu, navikama, običajima, mentalitetu, kulturi i tradiciji.

Zaključak: Patronažna sestra je zdravstveni vaspitač za sve članove porodice i zajednice, kao i veza između porodice i zdravstvene ustanove. Ona je promoter zdravlja i očekuje se da radi efikasno i efektivno, pogotovu kada su u pitanju faktori rizika koji mogu da dovedu do narušavanja zdravlja.

Abstract

Introduction: Visiting-nurse service is one of the basic services of the Health Center, an institution that performs health care at the primary level of health care in the Republic of Serbia. The services of the polyvalent visiting-nurse service are prescribed by the Rulebook on the nomenclature of health services at the primary level of health care. The content and scope of the right to health care from mandatory health insurance, which is adopted every year, defines the population groups that are expected to be provided with the services of this service.

A polyvalent visiting nurse is the only healthcare worker who can look at the family as a whole, especially the healthy one, which in most cases is very easily neglected.

Aims of the paper: Point out the importance of the visiting nurse to look at the family as a whole during the visit, observe changes in the family, assess needs and set goals, prepare and implement an activity plan, and evaluate the achieved results.

Method of the paper: Information collected from medical literature.

Results: The work of the visiting nurse is mostly focused on the family through home visits. The choice of the visiting nurse's method is based on the identified health problems, needs, and interests of the family, taking into account age, gender, education, social status, habits, customs, mentality, culture, and tradition.

Conclusion: The visiting nurse is a health educator for all members of the family and community, as well as a link between the family and the health institution. She is a health promoter and is expected to work efficiently and effectively, especially when it comes to risk factors that can lead to health impairment.